



# THE DIVISION OF GERIATRIC MEDICINE

AT THE SCHOOL OF MEDICINE  
UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL

## FELLOWSHIP

What Distinguishes Geriatrics at UNC?

Your Program Will Be Tailored to Your Interests

### One-Year Clinical Fellowship

The One-Year Clinical Fellowship forms the basic core of each of the three fellowships offered at UNC. It provides:

- an integrated, interdisciplinary, clinical approach experience with ambulatory, inpatient, and home care outreach to rural and underserved populations;
- consultative evaluation clinics;
- clinical opportunities in long-term care in nursing homes and national recognized continuing care retirement communities (CCRCs), as well as in UNC's Continence Clinic.

#### Time allocation:

The majority of your time will be spent in clinic with additional time in educational mentoring sessions. Emphasis is placed on educational activities such as participation in the journal club, interdisciplinary team conferences, and the geriatrics core curriculum.

#### Achievements:

Upon completion of the One-Year Clinical Fellowship, you will be eligible to take the board certification examination in geriatric medicine.

### Two-Year Academic Fellowship

The Two-Year Academic Fellowship builds upon the One-Year Clinical Fellowship by providing research or administrative assignments. Trainees select research topics based on personal interest. Fellows interested in administration will be mentored by medical directors in CCRCs.

#### Time allocation:

During the second year of your fellowship, you will split your time (70% - 30%) between research and clinic. You and your mentor will work closely together on your key interests. In addition, trainees have an opportunity to participate in administrative educational activities such as organizing and running the journal club.

#### Achievements:

You will begin a comprehensive research project which can last one to two years. In addition, depending upon the course of the study, trainees may fulfill the requirements for American Medical Directors Association (AMDA) board certification and, upon completion of the year, are eligible to take the Certified Medical Director examination.

### Fellowship Leaders

**Director: Jan Busby-Whitehead, MD**, Professor of Medicine, Director, Center for Aging and Health, Chief, UNC Division of Geriatric Medicine; Clinical interests: Geriatric syndromes including urinary and fecal incontinence, memory disorders, falls, functional decline, polypharmacy.

**Associate Director: Laura Hanson, MD, MPH**, Associate Professor of Medicine, Co-Director, UNC Palliative Care Consult Service; Clinical interests: End-of-life decision making with a special focus on geriatric and nursing home populations.

### Our Faculty

**Debra Bynum, MD**, Assistant Professor of Medicine; Director of the Acute Care of the Elderly In-patient Unit at UNC Hospitals. Clinical interests: Resident education, inpatient medicine, elder mistreatment.

**Anthony Caprio, MD**, Assistant Professor of Medicine; Clinical interests: Continuing medical education for physicians. Research in palliative medicine, advance directives, medical decision-making for older adults.

**Holly Jean Coward, MD, CMD**, Associate Professor of Medicine; Director of the Clinical Geriatric Evaluation Clinic; Director of the Carolina Meadows Medical Clinic. Clinical interests: Geriatric evaluation, osteoporosis, depression, medical direction in long-term care.

**Nurum Erdem, MD, MPH**, Assistant Professor of Medicine; Clinical interests: Memory disorders, urinary incontinence, medical care of older adults in a variety of clinical settings in the community.

**Racquel Daley-Placide, MD**, Assistant Professor of Medicine; Clinical interests: Long-term care, end-of-life care.

**M. Andrew Greganti, MD**, Chambliss Distinguished Professor of Medicine, Vice Chairman of the UNC Department of Medicine; Clinical interests: Differential diagnosis of complex disease processes.

**Terrence Holt, MD, PhD**, Assistant Professor of Medicine, Departments of Social Medicine and Internal Medicine; Clinical interests: Acute inpatient, long-term and ambulatory care of the elderly, narrative medicine, cultural isolation in the elderly, web-based communities.

**Stephen Kizer, MD**, Professor of Medicine, Vice Chief, Division of Geriatric Medicine; Clinical interests: Internal medicine, geriatrics, complicated patients with serious illness, inpatient medicine.

**Gary Winzelberg, MD, MPH**, Assistant Professor of Medicine; Clinical interests: Patient relationships, physician-patient communication, palliative care, long-term care quality.



immigrant elders; oral health; and long-term care.

#### The Interdisciplinary Center for Aging Research: Uniting Scientists (ICARUS):

ICARUS was created in 2007 with a two-year developmental award from the John A. Hartford Foundation and the Rand Corporation. Only seven universities were awarded funds to create a center in 2007. Faculty are from multiple departments, schools, centers, and institutes at UNC-CH. The center will create a strategic plan to focus aging research, provide interdisciplinary research and training opportunities for new and established investigators, and develop and study innovative clinical and health services interventions in geriatrics.

### Three-Year Research Fellowship

Dependent upon funding availability, the Three-Year Research Fellowship builds upon the foundation established in the Two-Year Academic Fellowship. Fellows have in-depth research opportunities including quantitative and qualitative research in clinical, administrative, and health services and health policy research areas. Special focus areas for the Center for Aging and Health currently include urinary incontinence, functional assessment, dementia, and palliative care.

#### Time allocation:

During the third year, trainees do predominantly research with remaining time allocated to clinical work. Some third-year trainees earn a master's degree in Public Health from the UNC-CH School of Public Health.

#### Achievements:

Fellows are highly involved in research and research skills training. Most pursue research careers after their fellowships.

### Short-Track Four-Year Fellowship

With approval from the chief of the Division of Geriatric Medicine, you can enter a multi-year combined fellowship during which you will train in Geriatric Medicine or a subspecialty such as Critical Care or Oncology.

### Clinical Settings for Training

- Palliative Care Consult Service
- Geriatric Evaluation Clinic at UNC's Ambulatory Care Clinic - an interdisciplinary medical clinic
- Continence Clinic
- UNC Hospice
- Acute Care for the Elderly Inpatient Unit at UNC Hospitals
- Three Continuing Care Communities in Orange and Chatham Counties
- Chapel Hill Seymour Senior Center Falls and Wellness Clinic

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### Special Programs

**Hartford Center of Excellence:** In 2005 the Center for Aging and Health (CAH) became a John A. Hartford Foundation Center of Excellence in Geriatric Medicine. This program sponsors research training for geriatric and rheumatology fellows and junior faculty.

**Donald W. Reynolds Grant:** In 2003 the Donald W. Reynolds Foundation gave the Center for Aging and Health a \$2 million, four-year grant to train medical students, internal medicine and family medicine residents, and community practitioners in geriatrics and to strengthen geriatric content in the medical school curriculum.

**Carolina Geriatric Education Center (CGEC):** The CGEC, created in 1999, was renewed by the US Bureau of Health Professions in September 2007. The primary goals are: falls prevention and intervention; disaster preparedness; brain health; health literacy; mental health; needs of



### The professional paths some of our former fellows have taken:

- Clinical investigator in dementia
- Director of an inpatient service dedicated to frail, elderly patients
- Researcher in disparities in care in nursing homes according to race
- Co-director, palliative care program and researcher in end-of-life issues
- Researcher of pathophysiologic mechanisms
- Sleep disorders specialist